

45th ANNUAL RED RIVER RUN

10K RUN 5K RUN/WALK 1K KIDS FUN RUN



ONE OF MINNESOTA'S OLDEST

JULY 30, 2022

• ROCORI HS TRACK • COLD SPRING, MN

BY MAIL

1. Complete one registration per person
2. Read and sign the waiver form
3. Issue check or money order to:

RED RIVER RUN

4. Mail completed registration form(s),
waiver and payment to:

**RED RIVER RUN
113 RIVER OAKS DR.
COLD SPRING, MN 56320**

ONLINE

www.RedRiverRunRocori.com

COST

10K RUN

\$25.00 if postmarked by May 1st
\$30.00 if postmarked after June 1st
\$35.00 on-site registration

5K RUN/WALK

\$25.00 if postmarked by May 1st
\$30.00 if postmarked after June 1st
\$35.00 on-site registration

1K KIDS FUN RUN

\$20.00 if postmarked by May 1st
\$20.00 if postmarked after June 1st
\$20.00 on-site registration

(on site registration accepted for all races,
but t-shirts are not guaranteed after July1)

REGISTRATION FORM

ADULT T-SHIRT SIZE (please circle one)

Small / Medium / Large / XLarge / XXLlarge

YOUTH T-SHIRT SIZE (please circle one)

Small(8) / Medium(10-12) / Large(14-16)

RACE CATEGORY (please circle one)

10K Run / 5K Run/Walk / 1K Fun Run

GENDER (please circle one)

Male

Female

Name (First & Last)

Street Address

E-mail

City, State, Zip

Phone #

Date of Birth

Age (Day of Race)

WAIVER STATEMENT

As an entrant in the 2022 Red River Run, I assume complete responsibility for any injury to me or damage to my property which may occur during the event, or otherwise. I assume all risks associated with, but not limited to: falls, contact with other participants, the effects of the weather, traffic, temperature and course condition. I agree not to hold any representative of the Red River Run, or any organization associated, responsible for said injuries. I also grant permission to the Red River Run and other associated organizations to use my name and any photographs, videotapes, motion pictures, recordings or any other record of me participating in this event for any publicity and/or promotional purposes without obligation or liability to me. I understand that the fees are not refundable.

Participant's Signature

Parent or Guardian Sign Here if Participant is Under 18

Date